



# Can I Kiss You?

- Through humor and honesty, Domitrz gets students to take action
- The Keys to Planning Ahead
- Setting the Norm for Respect
- #1 Posters for Teaching Consent
- School Districts and Community Organizations Team Up & Save
- Survivors Praise Approach

“Providing schools, parents and students Real Solutions to Tough Conversations on dating, intimacy, and sexual assault.”

*"Mike is a natural. He captured the students attention immediately through an interactive and unique way. His method of not putting words into their mouths but instead using THEIR words and language was absolutely incredible."*

— Lisa Brunner, Community Resource Alliance

While many speakers share an important message with their audience, Mike Domitrz gets students to take ACTION in their own lives and in the lives of the people around them.

*"Students were, literally, on the edge of their seats and captivated by his message within the first five minutes of the presentation. He engaged them with humor, comparisons, and facts without talking 'down' to the students – he related to his audience."*

— Tracey McElroy, Greenhill School



## THE METHOD

To get a person to take action, you must first get him or her to take ownership of the issue. The person must feel a need to get involved. Through role-playing with students and his portrayal of intriguing characters on stage, Mike effectively exhibits

the problems in the current dating norms. Thus, moving the audience to admit to the many problems in their own dating behaviors and choices. Once they take ownership, Mike provides the students with the solution of "asking first."

*"Sexual assault is an issue for our school, but sex without respect is an even bigger one and you addressed that issue brilliantly. Thank you so much for opening the eyes and ears of our students and staff."*

— Jessica Runte, Guidance Counselor, Wilmot Union High School

Especially unique is how Mike presents students with all sides of the issues, such as what to say when you hear "Yes" and when you hear "No." He holds nothing back. His style involves presenting a "clean" show which is inclusive to all students.

*"Many students, faculty and staff told me that it was the best assembly we have ever had at Whitewater High School. His ability to speak to students as adults yet connect with them as students is outstanding. He dealt with sensitive topics in a direct yet not offensive way. He provides some of his personal story to the students, which automatically gives him credibility with the audience."*

— Vance Dalzin, Ed.D.,

Principal, Whitewater High School

## WHAT ABOUT SURVIVORS

Few students know how to properly provide support to a survivor of sexual assault. From his years of listening to survivors across the country, Mike found survivors regularly disappointed in people saying, "I'm sorry to hear you were raped" and so he shares with students the words every survivor deserves to hear.

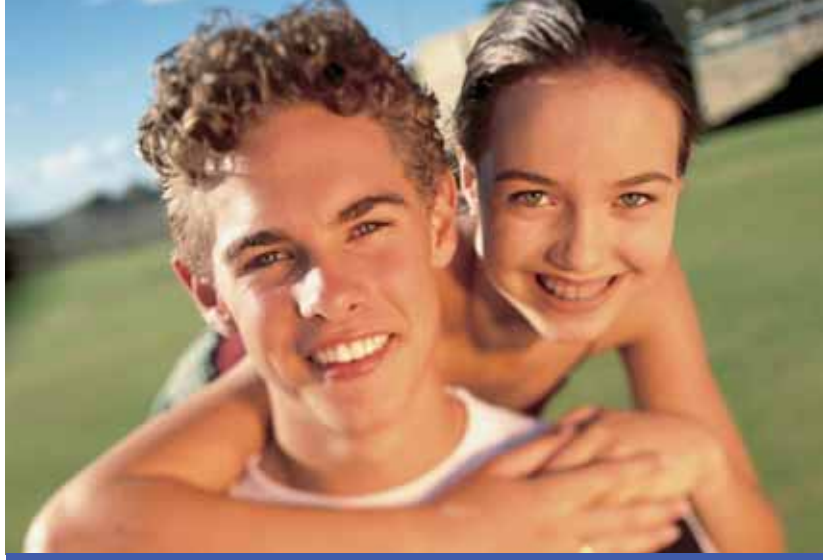
*"After your presentation in March of this year, our 13 year old daughter (who deals with GAD and ADD in addition to being a teenager) reported an incident that she had been hiding from us for nearly a year. A 14 year old boy had used coercion to force her into a second 'experiment' with the threat that he would tell everyone she was a slut and did \_\_\_\_\_ (the sexual act) anyway. She held this inside from early July until a few days after your presentation, when she filed a report with the school counselor.*

*Needless to say, there were multiple incidents during the time she held the information in: he told everyone lies about her anyway, created an enormous amount of turmoil and so forth, resulting in GAD accelerating into RX treated depression. While the results of her disclosure required involvement of the police and child welfare,*

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# HELP!

## My Teen is Dating – The Program PARENTS Are Asking For.



Many schools ask, "Once we bring Mike to speak to the students, how do we help our parents continue the message in their homes?" Bring Mike directly to your parents – during lunch or early evening.

We need to be blunt here: sexual dangers are monumental for today's teenagers. With TV, teen magazines, music, and movies promoting sexual activity among teens, parents are struggling with how to handle their sons and daughters being exposed to images making sexual activity look exciting and even popular.

The pressure for teens to be more sexual, including engaging in sexual activity, is stronger than ever. With all the talk of fondling, oral sex, and intercourse among today's teenagers, how do you protect your teenager (or even pre-teen)?

You know the old parenting tactics of the past will not work with your children. Letting them find out on their own is way too dangerous and scary!

Why is "making your child safe" such a daunting task? Because you can't always be there to protect them, especially when they're dating or going to parties where "hook-ups" are going to happen.

With parenting magazines always geared at parents of kids under 10 years old, where do Moms and Dads find advice for talking to their teen? Have you tried talking to a teen about dating, sex, and intimacy? Isn't it amazing how teenagers don't believe you can possibly understand the feelings they are going through?

If you've tried talking to a teen about dating, then you've probably already gotten the "look." You know the one. The look of "don't even bother." Let's see if you can relate to any of the following responses:

Usual teenager responses to "the talk":

- Rolling of the eyes
- The look of "You don't know anything. You don't get it."
- "Yea, Yea, Whatever" as they walk away.
- "I am not talking with YOU about this."
- "I'm not doing any of this stuff anyways. You don't need to worry."
- "I get it, okay?"

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*"The pressure for teens to be more sexual, including engaging in sexual activity, is stronger than ever."*

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As you know, many teenagers love to talk with their friends about intimacy, dating, boys, girls, and even sexual situations. If they are having fun talking to their friends while getting lectured by their parents, who are they likely to follow? Think back to your teenage years for a moment.

As a parent, trying to "figure this out" on your own can be very difficult. Once you say one statement your teen feels is not "cool", you can lose your credibility with him or her. Then you are likely to fall into 1 of 2 traps. You try to overcompensate and suddenly be cool OR you go into the "because I said so" mode. Now your teen is reminded of how much you don't understand them or their world. Suddenly, you've lost a golden opportunity for a vitally important connection to your teenager. Who wins? Their friends. Who loses in the long-run? You and your teen!

*Continued on page 8*

*which frightened us all, including her parents – she has rebounded phenomenally well. The perp has been transferred, I hope to an all boys' school. Her remark to us after we met with the child welfare people – 'I know you hate me now.' With that thought in her mind, she still had the courage to go on record and to seek the help that your program recommends. Of course we let her know that Hate ain't in the picture. Thank you for your excellent program. Thanks again!"*

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*"To get a person to take action, you must first get him or her to take ownership of the issue."*

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## SCHOOLS FEEL THE POWER

Mike's compassion and his energy are contagious. He motivates students to take the message to their family, friends, peers, and partners. He inspires action!

*"With this subject matter it would be easy for the students to dismiss Mike's presentation. However, Mike put the students in the position to respond to his inquiries and actions. Therefore, his message carried the credibility of the endorsement of the peer group (example: the girls let the boys know that Mike was right). I think that the students were most impacted by the realization that they may have done something offensive to someone that they care about. Kids are so insecure when it comes to personal relationships. I am in the process of sharing the literature with the seven districts in Licking county. I believe that the message is solid, valuable, and delivered in a professional, caring manner."*

— Robin Galbari, Assistant Director for School Improvement,  
Licking County Educational Service Center (OH)

*"It was terrific to have you visit our school on September 23, 2002. Being an alternative high school program serving juniors and seniors, who are categorized "at risk", from five different high schools in Walworth County, we are a challenging group. These are students to whom many have preached, and who have endured many of the situations that you are describing. What most impressed the faculty and the students was your ease and sincerity. You were able to speak to and with the students without speaking down to them. You presented concepts and viewpoints that challenged the way they thought. You enlightened them through facts, not opinions. You modeled empathy toward others concerning a very delicate subject matter to a sensitized audience who wanted to be perceived as tough."*

— Debbie Bartholomay, Alternative High School English Teacher





## TAKING IT TO THE NEXT LEVEL

*"The second presentation was a workshop for peer leaders for the three schools. Twenty students (freshman – seniors), made up of representatives from student government, athletic and peer leaders, attended. Mike spent a portion of the time sharing info from his morning presentation and then took it to another level by educating these leaders how to be aware of possible scenarios and what they can do to help friends or fellow students."*

— Laura Stockdale, Community Speakers Forum

The "Train the Trainers" workshop with Mike Domitrz is your school's opportunity to take your sexual assault and healthy dating programming to the next level. Following his "Can I Kiss You?" presentation, Mike is happy to meet with your Peer Educators, staff, or student leaders to provide them with a customized workshop on how to continue this educational message with your students throughout the school year.

In this special session, a welcoming and positive atmosphere is fostered where each trainee discovers how to take a simple approach to tough questions from students. Mike will reveal a refreshing format for teaching

leaders how to facilitate thought-provoking conversations on sexual assault and other peer education subjects.

*"Later in the evening he gave his 'Train the Trainers' program to a group of our Peer Educators. Mike was a Smash Hit! He was able to talk with them in a very interactive way about important issues they actually have to deal with. It was gritty, funny, real, down to earth, serious and everyday practical. He had real suggestions they could use the next day. In short, he was very effective. I thought this training session was the best we have ever had."*

— Stan Olin, CA

*"The student leaders were able to get excited, especially because the information was so basic, fun, and engaging. It helped for future discussions with their residents."*

— Amy Melichar, WI

Throughout the session, everyone is encouraged to ask questions and debate the concepts being discussed. At the end of this incredibly interactive 45 minutes, your leaders will leave excited and equipped with the tools to make a long lasting impact on your school and in your community.

## Staying in the NEWS

Do you subscribe to Mike Domitrz's free online newsletter titled "Let's Talk with Mike Domitrz?" In each edition, you discover unique and powerful ways to raise awareness around healthy dating and sexual assault awareness. You learn what other schools and organizations are doing throughout North America. Mike never disappoints as he shares his unique perspective to current news stories around the world.

Plus, you get to win great prizes. The extremely popular "Pledge 4 Action" T-shirt was created and produced from a national contest Mike put in the newsletter for students. The winning school, Purdue University, received 50 SHIRTS for providing the most original and powerful concepts for the shirt. Each week, Mike provides a way for people to win various educational resources and products.

Sign-up right now at [www.DateSafeProject.org](http://www.DateSafeProject.org)



*“Mr. Domitrz presented ‘Can I Kiss You?’ on April 22, 2003 at two of the agency’s local high schools. Two of his audiences were about 450 students in size and the other was a full school assembly of 1,100 students. For both size groups he was able to engage them and hold their attention for the duration of the presentations (approximately 1 hour each). A number of students felt comfortable enough to approach Mr. Domitrz and compliment him directly on his presentation afterward.*

*Sexual assault and topics related to it are often quite a challenge to present in an effective manner. Mr. Domitrz’s presentations were clear, concise, energetic, sincere, poignant, and empathetic to both males and females. Males did not feel threatened and targeted as possible abusers, and females felt he could relate to their experiences. He used concrete examples of realistic dating words and thoughts expressed by young people to convey his message, and challenged misconceptions they might have had about the other sex.”*

*— Erin Meyer, Sexual Assault Advocate and Natalia Graf, Sexual Assault Advocate Tri-County Council on Domestic Violence & Sexual Assault*

## THE CHALLENGE

When it comes to addressing sexual assault awareness, students often struggle to connect with the issues. For years, students have been hearing sexual assault

statistics and many still don’t believe it can happen to them. Students have been told “No Means No” and “Get Consent First.” However, they are rarely being taught exactly how to get consent or even how consent is defined.

At the core of understanding consent is the concept of asking first. Institutions across the country are beginning to realize why “asking first” needs to become the focus of sexual assault awareness education. Imagine if each person was always “asking first” and then respecting a partner’s choice. Schools and communities would see a tremendous drop in sexual assault occurrences. Survivors would be more likely to report sexual assaults because they would know what was done to them was wrong.

## HOW DO YOU DO IT?

The most challenging question is: How do you get students to change to “asking first” after 12 to 18 years of socialization that says, “Whatever you do, don’t ask. Just go for it?” You need a creative program that tears down a student’s wall of fears and concerns. You need a presenter who gets the students comfortable enough to look into themselves and see a need for change. You want a presentation which gives students the tools to have confidence in themselves in all situations.

*“Issues surrounding sexual assault are very sensitive and rarely talked about topics, especially with adolescents. Mike not only educated students on a level with which they could relate but he really got the students involved in his presentation. I feel that his interactive approach with students is what sets him above other presenters.”*

*— Mary Knetter, Sexual Violence Services Director, Advocates of Ozaukee*

“Can I Kiss You?” is engaging students by showing WHY “asking first” makes all the difference and then giving the students exactly HOW to ask. Plus, students discover how to properly provide support to survivors of sexual assault.

## THE PROOF

*"Our staff was absolutely AMAZED at the way Mike kept over 1100 high school students both interested and involved in the message he delivered. Even more amazing were the results of the evaluations that we requested of all those attending! For example, in the 'pop quiz' administered to the high school students at their schools prior to your program, we included this statement: "If a woman doesn't say or do anything to stop sexual intimacy, then she is giving 'implied consent' for that act to occur."*

*Before [our students] came to hear Mike, only 21% of the high school students disagreed with this statement!!!! In other words, almost 80% of the kids felt that if a woman doesn't say 'NO', it's ok to go ahead and do what you want!!!!*

*When we asked this same question AFTER your presentation, however, we saw a dramatic difference. After hearing you speak, 60% of these same students disagreed with the statements. I think these numbers are strong, strong testament to the power Mike's presentation had on our young people."*

*— Cheryl Einsweiler, Community Educator/Resources,  
Cedar Valley Friends of Family*

*"The impact of decisions about relationships has the power to negatively or positively effect the rest of our students' lives. Arguable the health of their relationships may be the most deciding factor in their future happiness.*

*"Can I Kiss You?" is engaging students by showing WHY "asking first" makes all the difference."*

*Mike speaks candidly about these important topics. From first introductions, he shows students he has an understanding and respect for where they are now and challenges them to think and behave beyond (or above) their impulses and/or past habits. Students are hooked when they hear him talk and show an understanding for the 'the look' and other body language commonly used in the dating dance."*

*— Dawn Woychik, School Counselor, School District of Independence*



*"It's a very empowering way to discuss sexual violence. Being a survivor myself, I often hear people talk of sexual assault like it will end your life - but it actually makes you a stronger person and I appreciated hearing this from Mike."*

— Katie from PA

In far too many instances when people hear an individual has been sexually assaulted, they immediately take on the role of feeling sorry for the person. After listening to many survivors stories, Mike has learned that pity is not what survivors are looking for or need. Instead, they need support from family and friends even if it is simply someone to listen to how they are feeling. Mike's program has had an amazing impact on survivors of all ages.

*"From the survivor in the front row in the white zip up...I know you won't remember me. But I will never forget your words and your compassion!!!"*

— Ashley from New York

*"I was too choked up to talk to you Tuesday night, but I wanted to thank you so much for your performance. It was incredibly powerful and I really appreciate all you do and the message you put out. I am an adult survivor of incest and it felt good to be recognized and appreciated for getting through my struggles. I really*



*appreciated several of the points you made and the angle from which you approached the subject. Again, thank you, thank you, thank you!!!"*

— Kelly from New York

*"It was fantastic! I also wanted to reiterate that the respect you show to survivors of rape and other forms of sexual assault is commendable. I know I appreciated it!"*

—Nicole from MN

*"Mike, thank you for your presentation and your outreach. It's never easy for anyone to come to terms with what has happened."*

— Ryan, a survivor from Arkansas

## The Keys to Planning Ahead

Mike's "Can I Kiss You?" program is the answer schools and community organizations are turning to for addressing healthy dating and sexual assault. Overwhelmingly, Mike's program is one of the leading consent based programs in the country. If you are looking to bring Mike to your community on a particular date, have several dates in mind, or just curious about which dates are available, planning ahead is the key. Mike's Assistant, Rita, can help you with your scheduling process. Her years of experience of working with schools and community organizations have taught her that in order to receive the best results, schools need to plan months

and sometimes years in advance to ensure that Mike is available. By the end of each Fall semester, Mike's speaking schedule has been completely filled for the following Fall semester. Schools and community organizations have discovered that waiting means losing out on the best possible date for their event. Many are now creating contracts for back to back years so they do not miss out on hosting Mike.

If you are considering bringing Mike to your community, please call Rita at 800-329-9390 to see what dates are still available. You can also check out Mike's speaking schedule at [www.DateSafeProject.org](http://www.DateSafeProject.org).



To help parents overcome this communication barrier and truly protect their teen from today's dangers, you need a precise and proven plan of what to say and how to say the right words. Once Mom and Dad understand the dynamics to this comprehensive plan, talking with their teenager about dating and sex no longer has to be synonymous with arguing and frustration.

Whether deciding the right age for them to start dating or discussing a date trying to go too far with them sexually, being properly prepared is the key to helping teenagers make the safest choices.

As parents and their teens start having more personal talks together, you must be careful with every word you choose to share with your teenager (including "how" you say it). You have to understand exactly what encourages an open discussion versus the statements that stop your teenager from turning to you in a time of need.

Having read all of this...you know a parent's communication is key in keeping teens safe. Sounds fine, but where do you find real-life examples to show parents how?

Moms and Dads in your community are busy – that's a given. So, wouldn't it be great to have a quick and fun program where they can get all the important tips they need in one hour? Have Mike Domitrz present his "Help! My Teen is Dating" program during lunch or in the early evening. He will share the secrets inside his critically-acclaimed DVD "Help! My Teen is Dating. Real Solutions to Tough Conversations."

Parents will learn:

- Necessary skills to get your teenager to make good choices.
- Three questions that define whether your teen should be dating.
- Essential tips to fun and safer dating for your son or daughter.

- What to say to your teen's date!
- The exact words for addressing intimacy.
- The power of "Asking First!" How to establish clear and reasonable boundaries.
- How to truly "be there" for your child.

*"At last, a how-to kit for parents navigating the treacherous territory of teen dating. This program will give you the confidence, skills, and information to truly engage your child in a dialogue about the important issues teens face in these relationships."*

*— Carolyn Pukl, Health Educator, Lakeland Regional High School (NJ)*

*"Mike Domitrz offers more than practical advice for parents. Throughout, Mike actually demonstrates the tools for talking with your teen about these issues."*

*— Rob Rephan, Rape Prevention Education Coordinator (CA)*

*"Some say common sense is gone. but it is alive and well with Mike Domitrz! This video gives an easy, common sense approach to a very difficult subject – kids and dating."*

*Mike has put together humor with common sense to make you and your kids want to talk about dating in a mature manor without being corny! This is a MUST have for all parents with teenagers."*

*— Bill Teater, Parent and Producer of Greater Cincinnati Prom Fairs (OH)*

*"Help! My Teen Is Dating provides parents and others with the tools necessary to have conversations with their teenagers as they begin to explore deeper relationships."*

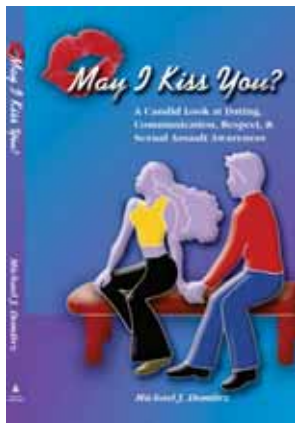
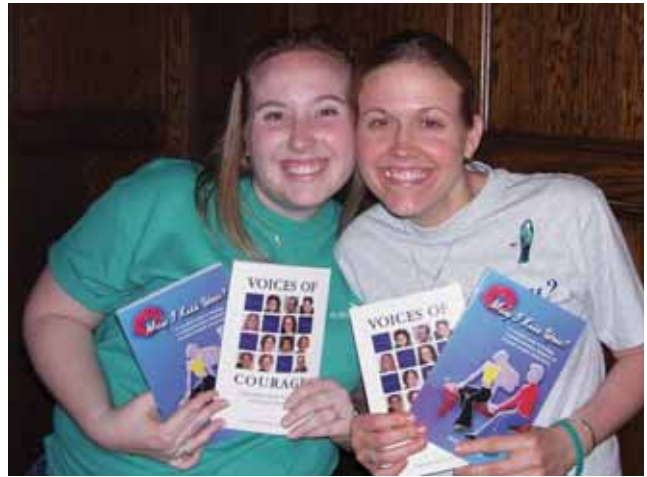
*It encourages parents and others to demonstrate the care and concern that sometimes gets lost in the everyday routine of life, which in turn, nurtures teens' self-confidence and the ability to make choices they won't later regret. Listen, learn, be ready..."*

*— Renée and Charlie Barr, educators and parents of two young women (IA)*

Since 2003, Mike Domitrz's writing has been capturing the attention of students and educators throughout North America. *May I Kiss You? A Candid Look at Dating, Communication, Respect & Sexual Assault Awareness* was the first book to provide realistic solutions for both students and schools for tackling the many challenges our society has with consent and "Asking First."

Two years later, Mike released *Voices of Courage: Inspiration from Survivors of Sexual Assault*, the ground-breaking book that has changed the way people look at and treat survivors of sexual assault.

Both books continue to receive sensational reviews from educators, students, parents, newspapers, magazines, and sexual assault professionals throughout the world. The Midwest Book Review said, "*May I Kiss You?... should be readily available to every high school, college, and community library in the country.*"



**MAY I KISS YOU?** takes you on a fun, thought-provoking, and hard-hitting journey filled with solutions and real-life skills. After reading this insightful book, students are inspired to make positive, lifelong changes in the way they treat others and themselves. Students continually share how this little book changed their lives for the better.

*"This is a must have for any high school student: man or woman. Parent's, this could save your daughters life! I recently had the opportunity to read this book as well as hear the author speak in a candid seminar at my school. We were enlightened so much with the information he has to share. The content provided in this book is priceless—and if you ever get a chance to hear the author speak—Don't miss it!! A MUST HAVE!!!!"*

— A student from Oklahoma

### INSIDE YOU'LL DISCOVER:

- 20 Interactive Exercises
- The Dating Fear Factors
- Asking? Are you crazy?
- Rejection & Facing Reality
- Body Language Challenge
- Respect & Values
- Long-term Relationships
- Dating Gender Gap
- Family & Friends
- Heightening Awareness
- Tips for Healthy & Fun Dating
- Overcoming Peer Pressure
- Alcohol & Date Rape Drugs
- Parties
- Sexual Harassment
- Double Standards
- Talking Openly and Honestly
- Supporting Survivors
- "Opening the Door"
- The Pledge for Action

*"Every student, whether male or female, needs to use this asking approach. Every parent who is concerned about their sons' and daughters' dating relationships (that's most of us!) should give this book to their teenagers."*

— Charles Zastrow, Ph.D., Department of Social Work, University of Wisconsin-Whitewater

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## VOICES OF COURAGE

*"Every two minutes in America, someone is the victim of rape or sexual assault. In this informative and emphatic book, we are faced with the tragedy and triumph of victims of this violent crime. Voices of Courage can help us all better understand the trauma that victims experience and ways to help them survive and thrive after the crime."*

— Scott Berkowitz, President and Founder, RAINN (Rape, Abuse & Incest National Network)

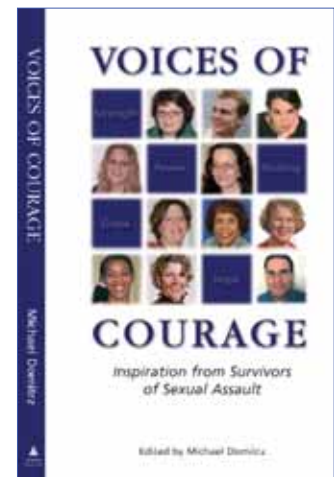
In *Voices of Courage*, Mike has brought together 12 survivors of sexual assault to share their journeys of survival. These incredible survivors represent a truly diverse population: 10 women and 2 men; multiple cultures; wide range of ages, and differing experiences of sexual assault.

An eye-opening journal of personal growth and recovery, *Voices of Courage* will forever change your perspective on life after a sexual assault. Each of the 12 chapters is a different survivor of sexual assault's personal journey to survival.

Experts and sexual assault survivors across the country are raving about what a fantastic resource *Voices of Courage* is for students and adults of all ages. Plus, you can listen to each of the 12 survivors read their chapters to you by purchasing the 4 CD set along with the book. Imagine hearing the actual voices of 12 survivors. You will be emotionally moved to take action. All profits go to organizations addressing sexual assault!

*"Voices of Courage was probably the greatest thing I've ever read in my entire life. It was scary, sad, inspiring, and up-lifting all at the same time. A combination I didn't even know was possible. Then I read May I Kiss You?. Between what you said during your presentation, and what I read in that book, it literally revolutionized my dating life."*

— Todd from Canada



## The Power of 2

When you bring Mike to your school, your office and students are entitled to receive greatly discounted pricing for *May I Kiss You?* and *Voices of Courage*.

Students love having these two resources together to utilize in their lives and in the lives of the people they care about. When you see students hurrying to the back of the room to purchase the books at the conclusion of Mike's programs, you realize how many students need and want the specific information discussed in these books.

It's not just the students in the audience that benefit: Health Teachers, Guidance Counselors, Peer Educators, Student Leaders, and crisis centers frequently use the books throughout the year in educational programming and staff training. Who can use *May I Kiss You?* and *Voices of Courage* at your school? Find out how to receive over 50% off both books today. Call 800-329-9390.



Mike Domitrz

Why does Mike have such an intense passion and drive to share with students? In 1989, he received a phone call that his sister had been raped. As he held the phone tightly to his ears, he simply could not believe what he was hearing. Mike decided to make a difference.

As he researched the issue of sexual assault and dating, he constantly heard students complaining that most sexual assault seminars were boring and depressing. Mike knew what needed to be done. Students wanted an entertaining, compelling, and powerful program each person could relate to in a meaningful manner. From this demand, Mike created *"Can I Kiss You? Dating, Communication, Respect, & Sexual Assault Awareness."*

*"Can I Kiss You?" is presented in a realistic way, portraying accurate attitudes, behaviors and perceptions about today's students regarding sexual health*

*and communication. That, combined with audience participation and its interactive nature, it was without a doubt a 'hit' with our students! Mike's dynamic personality and style in which he presented the information left a lasting impact on the students in attendance. I know this is true because our students were talking about his program for days."*

— Shelly VanSlyke from New York

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*"Students wanted an entertaining, compelling, and powerful program each person could relate to."*

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Males and females from all cultures, backgrounds, sexual orientations, and diverse populations appreciate Mike's sincerity and honesty. As a speaker, as an author, as a teacher, as a man, as a husband, as the father of four boys, and as the brother of a sexual assault survivor, Mike loves to share how "Taking one moment to care by Asking First" makes all the difference.

*"I will always ask. Will You?"*

— Michael J. Domitrz

## GET RESULTS with the PLEDGE for ACTION

Picture your students becoming actively involved in raising awareness throughout your community with the simple use of the Pledge for Action created by Mike Domitrz and The Date Safe Project. Schools around the country are utilizing the Pledge for Action to create real and powerful changes for their entire region.

How? Pledge for Action is a powerful agreement students and families sign to pledge that they will do their best to help their family, friends and peers in potentially dangerous moments concerning alcohol, drugs, and sexual assault. Read the full Pledge for Action on page 12. Each individual signs two copies of the agreement. The full page copy is given to the individual to take home and the second signed agreement (the hearts) is to be placed in specific locations

around school and/or in the community. By placing all the signed hearts around school and even in town, students and the entire community will realize how many people DO care about this issue and are committed to helping others!

Here is a GREAT example:

During October, (Domestic Violence Awareness month), over 900 students and faculty from Mount Anthony High School, the Career Development Center, Mount Anthony Middle School, Sunrise Family Center, Arlington High School, Southern Vermont College, and Williams College signed a Pledge for Action adapted from The Date Safe Project.

How many people will you get to sign the Pledge for Action in your town?

# Pledge for Action™

I, \_\_\_\_\_, pledge to do my best to help my family, friends, and peers in potentially dangerous situations in which drugs, alcohol, a violent person, or other threats to their safety and well-being are present. I will do this by having the focus and self-control necessary to remain aware of my surroundings, the wisdom to identify dangerous situations, and the courage to take action in confronting my friends when their judgment is impaired.

I recognize that these dangerous situations may arise at times when people feel safe and comfortable, such as at bars, parties (especially when alcohol is influencing the situation and a person is trying to “hook up” with another individual), or in the context of a romantic relationship. I realize that it may not always be easy to help people from harm in these situations, but by remaining watchful and showing care and concern, I may help to prevent a sexual assault from occurring.

I understand that the ONLY person responsible for a sexual assault is the person who engages in sexual contact without the consent of the other person. Through my own positive words, actions, and beliefs, I am taking the responsibility of helping to end sexual assault. I will share with people the importance of consent and the need to obtain consent with your partner by Asking First. I will treat all survivors of sexual assault with my respect and admiration. I will inform all of my family, friends, and peers that “If anyone ever has or ever does sexually touch you without your consent, I will fully support you. I will always be here for you. Always (from simply listening to helping you seek the proper support from professionals!)” During the next 24 hours, I will start taking action by saying these words to at least 3 people.

Sexual assault is a horrific and traumatic crime. My active commitment to this project will help reduce the violence in my community and create a safer atmosphere for everyone.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



“The Pledge for Action” is brought to you by:

**The DATE SAFE Project**  
Request Consent. Demand Respect.

For more information, please visit:

[www.pledge4action.org](http://www.pledge4action.org)

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This second section is the portion students also sign that goes up all over school. You can redesign the look to fit your printing needs. The students should sign their names across the 2 sides of the heart.

*I PLEDGE TO PROTECT™*



Sexual assault is a horrific and traumatic crime. My active commitment to this project will help reduce the violence in my community and create a safer atmosphere for everyone. Join us and Pledge to Protect!!

*“Sexual Assault is every community’s worst secret. When we decided to confront this issue head-on, we put together a community-wide coalition of public and private resources and called ourselves, ‘The Rape Awareness Task Force’. Rape is more than just a four-letter word. It is also a frightening word, surrounded by misinformation and misunderstanding.”*

— Len Harling, Wood River/Sawtooth Region EMS Association, Inc.

So many times in our society we hear the saying, “It takes a community to raise a child.” This statement is so very true for sexual assault awareness. It takes a community to come together and bring awareness to the issues of sexual assault occurring in our youth at schools, college campuses, and communities across the country.

Over the past few years, more and more community organizations have joined the mission to raise awareness. They are working together within their communities to bring Mike to talk. Professional business executives, sexual assault advocates, hospital staff, sheriff’s departments, domestic abuse prevention specialists, parent groups, community based youth programs, schools, and college campuses are teaming together to spread Mike’s message of “*Can I Kiss You?* Respect, Consent, Communication and Sexual Assault Awareness.”

## Teaming Up for Savings

*“The block booking gave me the ability to have a national speaker come to our campus to speak to our student body.”*

— Lynn Nelson-Russom, RNC, MSN, CRNP  
Widener University Student Health Services

When you call the offices of Mike Domitrz and The Date Safe Project, you will be greeted by the friendly voice of Rita Hookstead. Her warm and inviting personality makes you feel welcome and puts you at complete ease.

*“Mike Domitrz and his assistant, [Rita] were wonderful to work with. We look forward to working with Mike in the future as we continue to educate our communities and youth that violence is not tolerated or acceptable.”*

— Kaia Thompson, Outreach Specialist,  
Community Resource Alliance

Rita’s mission is to make everything go as smoothly as possible for you. She looks at herself as a member of your team. How can Rita assist you? She will help you:

- Choose the perfect day to bring “*Can I Kiss You?*” to your students.
- Get a HUGE audience turnout at the presentations.
- Find the ideal co-sponsors in your district.



Rita Hookstead

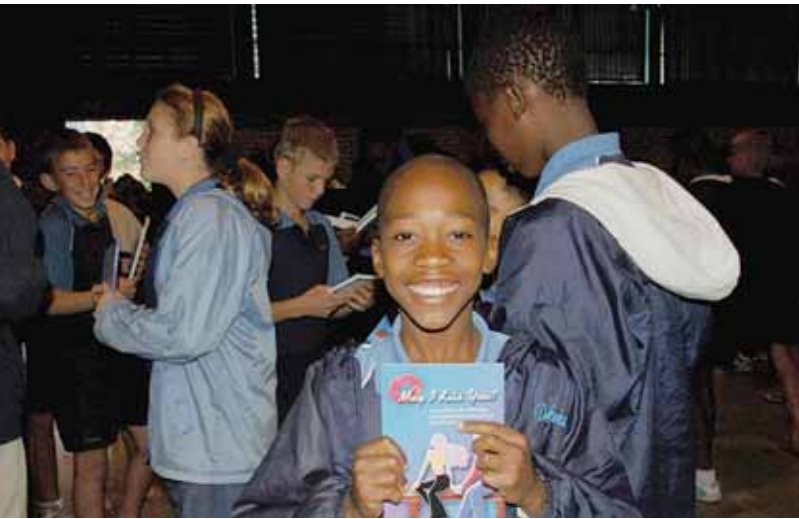
- Answer all your questions (including the ones you haven’t thought of yet).
- Find funding sources and create block bookings to save you money!

One of Rita’s primary goals is to help you save money by bringing nearby organizations together to create a block booking. Neighboring organizations can include college campuses, middle schools, high schools, local clubs, and military bases. These helpful block discounts save you between \$250 and \$500. Plus, Rita can share with you additional funding sources that may be available.

Find out how much fun Rita is to work with.  
Call toll-free now: 800-329-9390.

# SENDING

## *A Worldwide Message*



In the summer of 2007, Mike Domitrz was honored as he was invited to speak to 6th and 7th graders in Nelspruit, South Africa, at Drakensig Primary School. As he prepared to depart with his family for Africa, he packed *May I Kiss You?* books for all the students. The students at Drakensig Primary School speak and read both English and Afrikaans.

As his family arrived at the school and entered the gymnasium, the school choir sang *"This Little Light of Mine."* Next, the head of the school welcomed Mike's family and then invited them to enjoy the sounds of the school choir as they sang 4 songs.

*"The voices of these children were incredible!! Just thinking about their music still brings chills through my spine. I was moved by their passion and love of life."*  
— Mike Domitrz

Thanks to the generosity of family, friends, and the Marquette University Men's Soccer Team, Mike's sons were able to give the school a sizeable financial donation to help their school programs and individual students.

A little later in the day, it was time for Mike to speak to the 6th and 7th graders. They all sat on the floor of

the gymnasium as he began the program. What did the students think? How would the differences in culture affect Mike's ability to connect? Mike chose to stick with the approach he takes speaking in North America—let the students tell him how they live and deal with these issues. THEY DID! The males and females were open and honest about their cultural beliefs and understandings.

When Mike asked the students why a female does not ask for intimacy in their culture, a male said, *"The Man is the Ruler of the Home."* As Mike inquired deeper into these beliefs and asked all the students a few more questions, that same male ended up saying the man should respect the woman and always give her choices (including her right to "ask"). By the end of the program, the students committed to "Asking First."

You can watch video clips from the program at [www.thedatesafeproject.org/africa](http://www.thedatesafeproject.org/africa) school

*"I owe a gigantic THANKS to the students of Drakensig Primary School in Hoedspruit, South Africa. They are a great reminder that the only cultural barriers are the ones you put up yourself!!"*  
— Mike Domitrz



# TIPTON HIGH SCHOOL

400 East Sixth Street

Tipton Iowa 52772

## Guidance Department

Michael J. Droll, Counselor

Voice: 563-886-6027, ext. 303

Fax: 563-886-2341

Email: [mike.droll@tipton.k12.ia.us](mailto:mike.droll@tipton.k12.ia.us)

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### To Whom It May Concern:

We had the privilege of presenting Mike Domitrz's interactive assembly "*Can I Kiss You?*" at our high school during the spring of 2007. I can't recall an assembly that was more well-received on such a relevant topic to the lives of young people in my 29 years in public education.

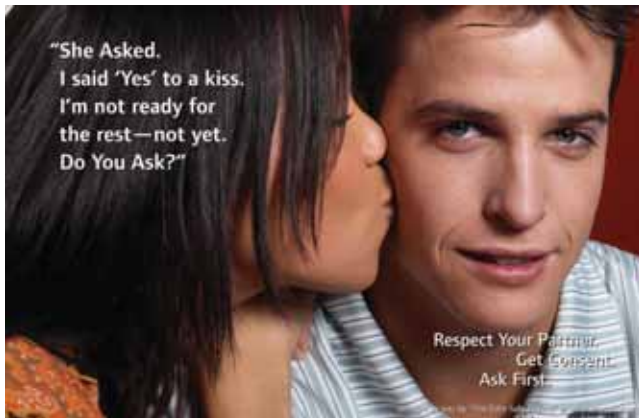
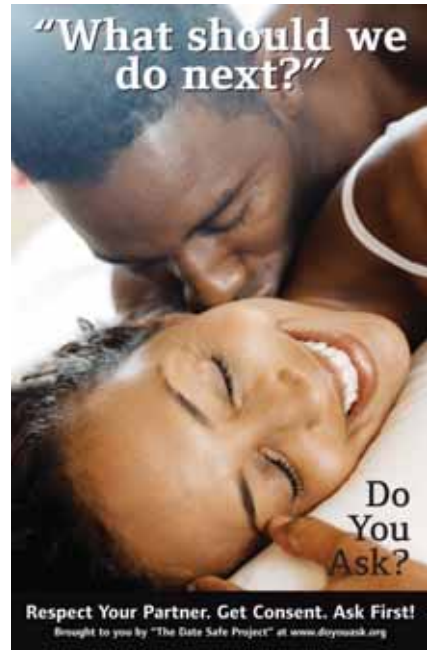
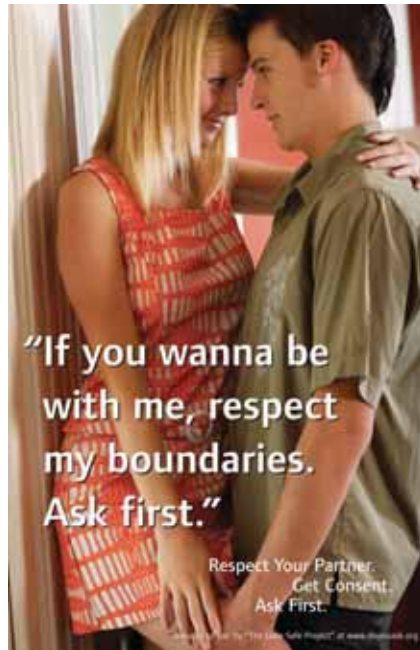
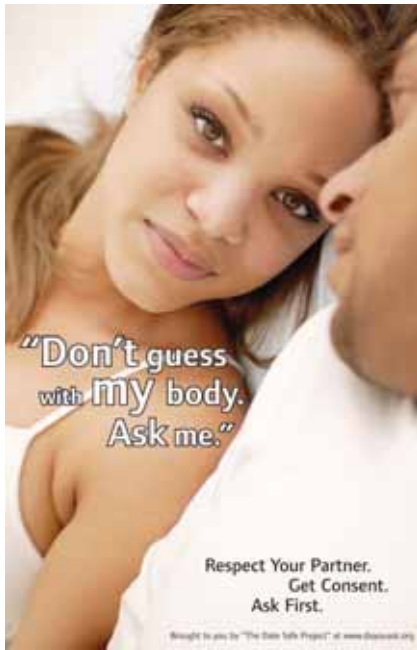
Mike has a captivating style that challenges students to reassess their pre-conceived notions regarding appropriate conduct in dating relationships. Mike puts kids on the spot to think and value, but does it in a way that is respectful and courteous. He mixes in appropriate humor that makes the assembly fun as well as enlightening.

The results of evaluations that our students completed following this assembly were overwhelming in evoking pledges of positive behavioural change. I think this was a "wake up call" for a great many of our students who simply had never been challenged to think in the way that Mike challenged them to.

I hope other schools will be fortunate enough to be able to have Mike share his message of respect and communication in dating relationships.

Michael J. Droll

High School Guidance Counselor



## Powerful Posters Addressing Consent

Do you notice most of the messages addressing healthy dating and sexual assault are about what NOT to do? The "Do You Ask?" poster series teaches society the right way to treat partners. People walking by the images discover the importance of getting consent before anyone is intimately or sexually touching another person. The posters have been designed with diversity and age appropriate considerations. This makes them more attractive to young people.

- Students can't wait to put the posters up in their rooms -- sending a strong message to all their family, friends, and peers.
- Schools are thrilled to finally have posters about consent which are inclusive and age-appropriate for students.
- Organizations are excited to distribute the posters throughout their community.

To order the most powerful posters addressing consent, please go to [www.doyouask.org](http://www.doyouask.org).

*The posters shown here are part of a 12 poster series.*

## BEING AGE APPROPRIATE with MIDDLE SCHOOLS & HIGH SCHOOLS!

When deciding to bring an expert to speak at their middle school or high school on issues dealing with intimacy, the first question principals ask is, “How appropriate is this presentation for our student body? Is talking about these issues going to increase the risk of more sexual activity among our students? How is this expert going to handle the immaturity of some of our students?”

These questions are important for every decision-maker to consider. You need an expert who works directly with your age group; understands the importance of proper language use in your school setting; is gifted at connecting with students of various backgrounds and personalities throughout the audience; and shares information honestly without heightening the sexual curiosity of the students.

*“Your presentation was an overwhelming success on all levels; every student was engaged for the entire time, their questions and concerns were voiced and addressed, and they received practical and profound information that could be life saving.”*

— Debbie Bartholomay, *The Alternative School*.

Every administrator knows students in middle schools and high schools are engaging in high-risk sexual situations. The question becomes, “How do we handle this problem?” The “Can I Kiss You?” program led by Mike Domitrz addresses real life relationship and intimacy issues many of the students in your school are already facing on a daily basis.

From role playing a party scene with a 6th Grade Student to re-enacting an “Asking First” moment with two high school students, the focus of the discussion is the same: showing respect to one’s partner and one’s self at all times. From teaching middle school students specifically HOW to expect respect to revealing to high school students the keys to talking openly and maturely with a partner, the audience is constantly learning applicable life lessons to their age group.

Through an unique Question & Answer approach with the students, Domitrz gets your school sharing

what students are going through while laughing at their own answers – thus helping them realize how silly their current decision-making process is for everyone involved. Because he uses an interactive format, students of all maturity levels are able to handle the discussion at their own speed.

Whether presenting to a faith based school, a private school, or a public school, the “Can I Kiss You?” program is one of the “cleanest” programs in the country. Educators, parents, and professionals praise Domitrz’s ability to inspire significant change in their students’ decision making without raising sexual intrigue among the students. After the program, students overwhelmingly say the level of sexual activity among their peers will go down drastically with the approach Domitrz shares (plus, the use of sexual language in the hallways will be reduced).

How often do you see public schools and faith based schools using the same expert for addressing intimacy, safety, and decision-making? Due to his one-of-a-kind approach, Domitrz is sought after equally by public schools and faith based institutions throughout the country.

*“The mystery and myths about dating were put to rest. The truths and practices of great dating were demonstrated. No one could have experienced a more meaningful, informational filled evening.”*

— Carol A. Fischer, *St. Alphonsus Youth Minister*.





## School District of Brodhead

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2501 West Fifth Ave.  
Brodhead WI 53520  
608-897-2141 Office  
608-897-2770 FAX

April 17, 2009

I am pleased to recommend Mike Domitrz and his "Can I Kiss You" program. His program covered everything from relationships, dating and sexual assault to decision making and responsibility. His energetic presentation kept students engaged and had them leaving with a new perspective on how to treat each other.

Mike spoke to our sixth through eighth grade students first. Although the developmental age of his audience varied greatly, Mike's message was tailored for each student. Mike's ability to keep an entire audience participating was unique and certainly aided in keeping his message with the students for the long term.

His second presentation was to our ninth through twelfth grade students. His message was similar, but his presentation was again tailored to the needs and actions of his audience. Mike speaks to students in their language, but he doesn't speak as one of them. He handled questions and challenges in the respectful and professional manner of a master educator.

I often have to ask for feedback from students and staff about speakers or programs. However, with Mike's "Can I Kiss You" program I've had people seeking me out to share their positive remarks and thank me for finding a way to have him share his passion with Brodhead students. I've had countless teachers and students comment to me about how his message spoke to them and a relationship they are either currently in or had been in.

As a school counselor with over 15 years of experience I can truly say that I have not seen a program that has the potential to impact so many students. Not only did Mike make a difference with those in present relationships, he assuredly made a difference in countless future ones.

I highly recommend Mike Domitrz and his "Can I Kiss You" program for any middle school or high school. If you have any questions please feel free to contact me, as I'd be happy to share my positive experience with you.

Sincerely,

*Chris Medenwaldt*

Chris Medenwaldt  
School Counselor  
Brodhead Middle School  
608-897-2184  
cmedenwaldt@brodhead.k12.wi.us

Curriculum/Technology  
2501 W Fifth Ave  
608-897-2141  
FAX: 608-897-2770

Pupil Services  
2501 W Fifth Ave  
608-897-2141  
FAX: 608-897-2770

High School Principal  
2501 W Fifth Ave  
608-897-2155  
FAX: 608-897-3026

Middle School Principal  
2100 W Ninth Ave  
608-897-2184  
FAX: 608-897-2789

Albrecht Elementary School Principal  
1400 21st St  
608-897-2146  
FAX: 608-897-2212

Educators are constantly frustrated with the lack of interactive curriculum addressing teen dating, intimacy, respect, boundaries, sexual violence, and sexual decision-making. The little curriculum that is available tends to be heavy in statistics and lacks the emotional and mental connection to engage students. When the *“Can I Kiss You?”* program first began, teachers would share, *“This program is fantastic. Do you have curriculum for the classroom? If so, we would start using your resources immediately. Your approach to teaching these important issues is desperately needed in the classroom.”*

Then, parents, church groups, local crisis centers, and state agencies began to ask The Date Safe Project, Inc. to write curriculum for their communities. With great excitement, the curriculum you have asked for is now available at your fingertips.

The Date Safe Project, Inc.'s curriculum is easily accessible and always adapting to current societal happenings. Go to [www.DateSafeProject.org](http://www.DateSafeProject.org) and enter the specific online community which fits your curriculum needs. Once you've joined, you will instantly be able to download the materials you are looking for, including but not limited to: curriculum (classroom discussions, exercises, quizzes, tests); articles; “How To” videos for talking with teens; interviews of educational experts; Best Practices from other educators; and much more. One of the greatest benefits is your opportunity to share with peers from around the country – discover what is working in other schools and communities. Join The Date Safe Project, Inc.'s online community today and take advantage of all of these great resources for your students, their families, schools, and the entire community. Open the door to unlimited resources. Visit [www.DateSafeProject.org](http://www.DateSafeProject.org).

**THE DATE SAFE PROJECT**  
"Real Solutions to Tough Conversations"

**Students**  
Discover simple techniques for you, your friends, and your peers who you know NEED IT. [more](#)

**Parents**  
Protect your teenager with realistic solutions for addressing dating, hooking up, and parties. [more](#)

**Educators**  
Engaging curriculum, simple classroom exercises, and a moving school assembly for creating change. [more](#)

**Survivors**  
Sexual assault survivors will inspire you with their strength. If you want, share your own story. [more](#)

**Community Organizations**  
Join caring & dedicated professionals who rely on the powerful, educational resources inside. [more](#)

**Military & Academies**  
Find the most interactive materials and programs for engaging men and women serving our country. [more](#)

**Media & News Room**  
Discover a fantastic media source and engaging interview for your next article and/or news story. [more](#)

**Mike Domitrz**  
Get unique insight from one of the leading experts. Bring Mike to ignite change in your town. [more](#)

# The AFTER EFFECTS

## A Wave of Positive Change

Through a community education grant, Hope House of South Central Wisconsin was able to co-sponsor the “Can I Kiss You?” program at three of our local high schools in Columbia County. We were thrilled we had the opportunity to bring Mike Domitrz to speak. He did a fantastic job connecting with all of the students and using humor to demonstrate his simple yet vital messages about respect and consent.

One principal shared they have never had an assembly such as the “Can I Kiss You?” show where so many students and teachers were talking afterwards. She even received a call from a parent saying, “Thank you for bringing Mike to speak.” That parent’s sons came home at night and initiated a conversation about respecting women!

Since Mike’s presentations were towards the end of the school year, we diligently worked with the schools’ staff to build on the momentum Mike’s appearance had created. At all three high schools, students created posters with messages (in English and Spanish) reinforcing the points from the “Can I Kiss You?” presentations. The posters, along with The Date Safe Project’s “Do You Ask?” posters, were put up in the schools – a great reminder for students as they start their summer vacations. In addition to making posters, the students signed their names on a large white sheet of paper that had The Date Safe Project’s Pledge for Action attached to it. The names on the list are adding up every day as the student bodies now have the opportunity to sign.

As a result of Mike’s presentations, one of the high school’s Student Council organized an Awareness Day. Hope House provided The Date Safe Project’s “Can I Kiss You?” tattoos for students to wear during the event. The students created a display of Mike’s books along with other school library books related to sexual and dating violence. Hope House gave out helpline cards and brochures. Plus, teal and purple ribbons to raise awareness about sexual assault and domestic violence were distributed.

With the “Can I Kiss You?” presentations being the catalyst, Hope House is continuing to meet with school staff and students to create additional activities over the summer and for next year, such as putting their posters up in popular summer hang-out spots, working with students during a summer leadership program, publishing an article for parents in the schools’ fall newsletter, and creating social norms posters from the results of student assembly pre-show and post-show surveys. All of these opportunities and exciting momentum would not have happened without Mike’s programs.

— Jess Ritschke, Community Education Coordinator  
Hope House of South Central Wisconsin



The Date Safe Project Inc. is the leading organization providing consent based educational tools. From temporary tattoos to eye-catching T-shirts, these fun products get students, parents, educators, crisis centers, and local advocacy agencies talking about the importance of respect, consent, "asking first", sexual assault awareness, and healthy relationships.

Honoring his commitment to helping students and staff, Mike Domitrz gives fantastic discounts on all *The Date Safe Project's* educational products to schools and organizations who bring Mike to speak. By ordering before *"Can I Kiss You?"* arrives in your school, you can get FREE shipping.

Check out all the popular resources below:

**Temporary Tattoos:** These temporary tattoos are popular with students. Promote the message and the program with these quick wipe-on tattoos. Your students will be begging you to give them more. With each tattoo being 1.5 inches by 1.5 inches, students like to wear them on their cheeks, hands, arms, and easily visible locations (and then wash right off)!

**"Can I Kiss You?" Buttons and T-Shirts:** Get the students at your school talking. These bold buttons and t-shirts are a great way to spark conversations regarding "Asking First", consent, and sexual assault awareness. The buttons have, *"Can I Kiss You?"* in large lettering and then below in smaller print, "Do you ask?" Picture 4000 students wearing the buttons on the same day and then continually throughout the year.



The original t-shirts say, *"Can I Kiss You?"* on the front with the back asking, *"Do You Ask? Take One Moment To Care."* You will have students wearing this shirt all 4 years of their high school life. This shirt never goes out of style.



**"Pledge 4 Action?" T-shirts:** An absolute hit in high schools. What student wouldn't stop and check out this black long-sleeve shirt with *"Want Some Action?"* across the front? The best part is actually the back. Obviously, you get everyone's attention with the front and then point them to the back where they discover the 4 rules to the *"Pledge 4 Action"*:

1. Respect Yourself
2. Respect Your Partner
3. Ask B4 You Act
4. Respect the Answer

Now, you have students spreading an unforgettable message.

**Help My Teen is Dating:** How do parents properly prepare their teenagers for the dangers of dating in today's sexual culture? In this 85 minute interactive DVD, parents learn the keys to engaging their teenagers in powerful and fun conversations on dating, intimacy, and sexual choices.

What key statements do most parents never tell their kids? Mike Domitrz uses humor and his straightforward approach to give each parent the exact tools needed to vastly improve their child's decision-making on dates and in potential moments of intimacy. This video is so much fun and powerful that many teenagers actually love watching it WITH their parents!

It is easy to order any of these Consent Based Products. Simply go to: [www.DateSafeProject.org](http://www.DateSafeProject.org) and click on "Books & Products" to place your order. You may also use the order form on next page.

# Educational Resources & Products ORDER Form

Write or type in the "Quantity" boxes how many of that specific poster you are purchasing.  
As you can see the best deals are on orders of 20 or more posters.

Order online and receive discounts at [www.DateSafeProject.org](http://www.DateSafeProject.org)



Quantity     Quantity     Quantity     Quantity     Quantity     Quantity     Quantity



Quantity     Quantity



Quantity     Quantity     Quantity

## Special Sets

Starter Set      6 posters for \$40.00 + s/h,  
Full Set        12 posters for \$70.00 + s/h

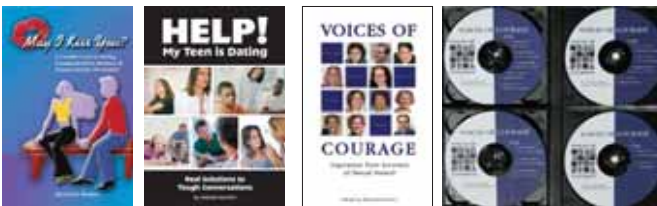
## Individual & Quantity DISCOUNT Pricing

1-19 posters	\$7.50 each + s/h
20-49 posters	\$5.00 each + s/h (33% savings)
50 + posters	\$4.00 each + s/h (46% savings)

## Items Ordered

	# Ordered	Total
Do You Ask? Individual Posters (See chart)	_____	_____
Do You Ask? 6 Poster Set (\$40.00)	_____	_____
Do You Ask? 12 Poster Set (\$70.00)	_____	_____
May I Kiss You Book (\$15.95)	_____	_____
HELP! My Teen is Dating DVD (\$49.97)	_____	_____
Voices of Courage Book (\$16.95)	_____	_____
Voices of Courage CDs (\$27.95)	_____	_____
Can I Kiss You Buttons (40 for \$10.00)	_____	_____
Can I Kiss You Tattoos (200 for \$25)	_____	_____
Can I Kiss You T-Shirts (\$15.00)	_____	_____
Pledge for Action T-Shirts (15.00)	_____	_____
Sizes ____S ____M ____L ____XL ____XXL		
* Add \$5.00 shipping fee for every 50 posters ordered		
** Add \$2.00 shipping for each additional item ordered		
	Subtotal	_____
	Shipping	_____
	<b>TOTAL</b>	_____

## More Educational Products



May I Kiss You Book

HELP! My Teen is Dating DVD

Voices of Courage Book & 4 CD Set



T-shirts



Buttons



Tattoos (temporary)

**Payment Type**     Check / Money Order enclosed to: Awareness Publications  
 Purchase Order     Visa     MasterCard     American Express

Credit card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security code \_\_\_\_\_

Name: \_\_\_\_\_ (as printed on credit card)

Title/Position \_\_\_\_\_

School/Organization \_\_\_\_\_

Credit Card Billing Address \_\_\_\_\_

Address Line 2 \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Signature \_\_\_\_\_

Today's Date \_\_\_\_\_

Fax Order Form To: (414) 329-9830 or Mail To:  
The Date Safe Project, P.O. Box 20906, Greenfield, WI 53220-0906



# Huge Crowds – Major Impact!



## Great for:

- K-12 School Districts
- Parent Organizations
- Convocations
- Community Based Organizations
- Health & Wellness Centers
- Peer Education Programs
- Athletics
- Faith Based Organizations

Drawing a large audience to an educational program can be a challenge for many communities. When bringing Mike Domitrz and the "Can I Kiss You?" presentation to your school, you will be working with a professional who has a track record of attracting large numbers of students to his presentations.

To help insure fantastic attendance, Mike will provide you a 10 page report filled with PR & Marketing tips. You will be given over 40 promotional "Can I Kiss You?" posters, buttons, and temporary tattoos. In the days and weeks prior to the event, Mike will make himself available for media interviews (both school and local media) to help build a buzz around your school and in the community.

In addition to bringing in huge crowds, Mike loves working hand-in-hand with schools to help improve their overall culture.

*"Mike's message was about communication in the relationship arena, and his tagline is 'Can I Kiss You?' After his performance, the students talked for days about it, and many students sought the counsel of faculty and friends to talk about issues his comments raised."*

— Hilary Cruz-Abrams, Health Program Coordinator, The Kent School

For over a decade, Mike has been leaving a positive impact on the lives of students and their schools. Make a difference in your community by bringing Mike to present "Can I Kiss You?"

